



## Take advantage of this unique opportunity!

The ESVCN is offering you the chance to meet and discuss the challenges and options facing those in the early stages of their career.

This free workshop mixes discussion sessions with the leading researchers, how to increase your success in funding applications, through to the tools and challenges of developing your own research group.

Apply now! Limited places are available to maintain a small group size.

## Is this you?

- “I don’t know how to build my career in animal nutrition sciences”
- “I am an assistant professor in animal nutrition. I am passionate about research but teaching and administrative tasks are so time consuming. How do I best manage my time? “
- “How do I improve my success in obtaining funding for the research that fits my interests and capabilities?”
- “I want to develop more compelling research ideas”
- “I want to improve my success at publishing in leading journals”
- “I want to know how to build my collaborative network”

If so, then this is the perfect opportunity for you! Join us at the first ESVCN workshop for a wide range of unique and engaging sessions that will help you to grow as a researcher and advance your career.

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## It’s FREE!

The workshop is **free** to ESVCN members. This includes all accommodation, meals and activities. Only the travel must be covered by you. For ESVCN membership, see [www.esvcn.eu](http://www.esvcn.eu).

A 200 euro deposit will be required to hold your place, and will be returned upon your attendance.

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## When & Where

June 26 – 29, 2017. Participants can arrive between 14:00 and 20:00, Monday June 26. The workshop will end at 14:00 on Thursday June 29.

The venue is located in the idyllic Prullenbos, found in Laarne, Belgium. Nestled within a forest, the Boskabanne is recently built group accommodation with a fully-equipped conference room.

The house has spacious bedrooms that can accommodate five guests each (linen provided). Their website is in Dutch, but a photo gallery is available to highlight the true beauty of the setting: [www.boskabanne.be](http://www.boskabanne.be)



## How to get there

The easiest way to reach Laarne by air is by flying to Brussels National Airport. A direct train is then available from Brussels National Airport to Wetteren station, taking approximately 1 hour. Their train schedule can be checked at [www.b-rail.be](http://www.b-rail.be). Laarne is a ten-minute drive from Wetteren station; if you inform us of your arrival time, a car can be arranged to pick you up from the station.

Contact [Ruben.Vangansbeke@ugent.be](mailto:Ruben.Vangansbeke@ugent.be) (+32 92647801) if you need advice about travelling to Laarne from other airports or stations.

The official address of Boskabanne/Prullenbos is: Termstraat 51A, 9270 Laarne. However if you are travelling by car and using a GPS device, it is recommended that you use the following address for directions: Groenstraat 8, 9230 Wetteren.

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## How to apply

Send a short CV and a one-page letter to [geert.janssens@ugent.be](mailto:geert.janssens@ugent.be), explaining why this workshop would benefit you and how your participation would fit with the goals of ESVCN ([www.esvcn.eu](http://www.esvcn.eu)).

The deadline for applications is **January 1, 2017**. You will be informed whether your application has been successful by January 31, 2017.

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## Workshop task force

Geert Janssens, Ghent University, Belgium

Pat Harris, WALTHAM Centre for Pet Nutrition, UK

Marcus Clauss, University of Zurich, Switzerland

Richard Butterwick, WALTHAM Centre for Pet Nutrition, UK

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## **Programme**

### **MONDAY - evening**

Participants can arrive at the venue from 17:00. The first night is the perfect opportunity to get to know others in the group with food and drinks available. After dinner, there will be a fun nutritional quiz to get you thinking!

### **TUESDAY - morning**

A panel of established researchers in nutrition will discuss how they developed their careers as well as detailing the challenges and the opportunities they have encountered. Afterwards, participants will discuss the common factors in finding success, but also recognise the diversity of methods with which research goals can be met. During the discussion, the speakers may reflect upon a particular project: how funds were obtained, how a team/network was set up, how it ended up in papers, and how it was communicated. Each step will then be discussed within the group to evaluate the impact that individual choices had on the final outcome.

**Invited speakers:** Pat Harris, Jürgen Zentek, Ilias Kyriasakis, Geert Janssens, Marcus Clauss

### **TUESDAY - afternoon**

A series of topics will be tackled through short discussion sessions. Each session will begin with a leading researcher presenting his or her view, followed by the participants contributing their own experiences.

#### **How to function as a supervisor**

Charlotte Björnvad (Copenhagen University, Denmark) will evaluate her transition from PhD student to supervisor. Is there a benefit in using contracts with PhD students? Is it wise to plan fixed feedback versus informal guidance?

#### **How to liaise with the industry**

Richard Butterwick (WALTHAM Centre for Pet Nutrition, UK) will present the key points of working with a partner in industry. He will share examples of contracts to show how industry is views at research goals and also explain the importance of communication between partners. Geert Janssens (Ghent University, Belgium) will discuss his views on working with an industry partner as an academic.

#### **Strategic thinking in grant acquisition**

Wouter Hendriks (Wageningen University, The Netherlands) will share his insights on what to do and what not to do when developing a strategy to obtain research funds.

#### **Accumulating a research portfolio**

Marcus Clauss (University of Zurich, Switzerland) will emphasise the importance of recognising whether you need to diversify or focus. How many tracks should you pursue? When do you need to learn a new method? What is the relevance of participation of specific conferences? What value is there in having a memorandum of understanding within collaborations?

### **TUESDAY - evening**

Everyone is invited to attend an informal dinner and drinks, allowing the opportunity for individual exchange and networking.



### **WEDNESDAY**

Wednesday will focus on understanding the importance of Emotional Intelligence (EQ), and how you can develop your EQ skills to increase to help build more productive and effective working relationships with colleagues and collaborators.

You will receive an individual report highlighting your EQ capability, your strengths and areas you can work on to enhance your leadership and effectiveness in the work place. There will be some group and individual sessions facilitated by an expert in EQ to help build understanding on what EQ means for you

For more information on EQ go to <http://www.rochemartin.co.uk/>

### **WEDNESDAY - evening**

Relaxing and networking.

### **THURSDAY - morning**

Participants will be split into groups that are equally balanced for career stage. Each group will then identify a (theoretical) research area that they could work on for the next 5 years and then develop a strategic plan on how to undertake this. The plans will be presented to everyone for discussion and challenging.

### **THURSDAY - noon**

Time to say good bye!